Ø	CAT	ost	EOA

CAT	OSTE	OART	HRITIS	PAIN	CHECK	LIST

Т	

Your Name: ___

COULD YOUR CAT HAVE OSTEOARTHRITIS?

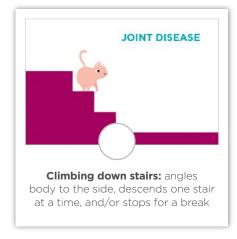
Cats hide almost everything, especially pain. This checklist will help your veterinarian identify your cat's activities and behaviours that might be signs of osteoarthritis (OA), a degenerative joint disease that can be painful.

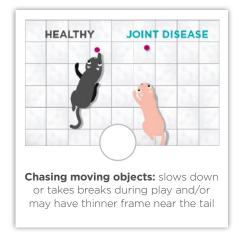
Is your cat showing signs of OA-related pain?

Your Cat's Name: _____

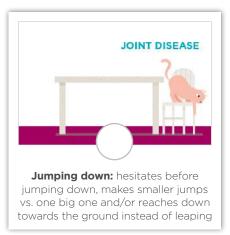
Think about your cat's activity in the past month. Check all of the signs that you've observed in your cat.













If you have noticed any of these changes in behaviour or activity, your cat may have OA-associated pain. Share these with your veterinary healthcare team, who will fully evaluate your cat to confirm the diagnosis.



Osteoarthritis has physical and emotional effects

Just as in humans, chronic pain negatively impacts your cat's quality of life, not just physically, but also emotionally. The good news is that by identifying OA early, you and your veterinarian can develop a treatment plan for your cat.

Think about your cat's behaviour in the past month. This scale helps measure your cat's pain based on how your cat is feeling. For each statement, circle the number that you think most accurately describes your cat.



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Is your cat	√ My cou	cat Idn't be I	ess		My cat couldn	't be mor	e↓
Energetic & Enthusiastic (Vitality)	0 🔾	10	2 🔾	3 🔾	4 🔾	5 🔾	60
Active & Comfortable (Comfort)	0 🔾	10	2 🔿	3 🔾	4 🔾	5 🔾	60
Happy & Content (Emotional well-being)	0 🔾	10	2 🔾	3 🔾	4 🔾	5 🔿	6 🔾

Sharing additional information can help your veterinary team diagnose and treat OA in your cat.	YES	NO
1. Has your cat's personality and sociability changed?		
2. Has your cat's urination or defaecation habits changed?		
3. Is your cat hiding more or does your cat seem to be "slowing down"?		

Osteoarthritis pain can affect cats at any age. If left untreated, the pain can become worse over time. This checklist is designed to help with the recognition of OA pain to help keep your cat happy and active. Your veterinary team will review the results of this checklist with you to identify if your cat might be suffering from OA, or to monitor how well your cat's pain management treatment plan is working if he or she is already being treated for OA.

